

Disco Cone EZ

Count: 32

Wall: 4

Level: Beginner

Choreographer: Rebecca Lee (MY) - December 2025

Music: Disco Cone (Take It High) (ft. WENZL) - Enisa



Intro: 16 counts

Note: NO TAG, NO RESTART

[1 – 8] WALK FORWARD, ROCK RECOVER BACK SHUFFLE

1 2 Walk R forward (1), Walk L forward (2) 12:00
3 4 Walk R forward (3), Walk L forward (4) 12:00
5 6 Rock R forward (5) Recover L (6) 12:00
7 8 Step R back (7) Step L beside R (&) Step R back (8) 12:00

[9 – 16] L ROCK BACK, RECOVER, SIDE CHASSE, CROSS ROCK, RECOVER, ¼ R FORWARD CHASSE

1 2 Rock L back (1) Recover R (2) 12:00
3 4 Step L to L side (3) Step R next to L (&) Step L to L side (4) 12:00
5 6 Cross R over L (5) Recover L (6) 12:00
7 8 ¼ turn R Step R forward (7) Step L behind R (&) Step R forward (8) 3:00

[17 – 24] L STOMP, HOLD, L STEP, R TOUCH, R STOMP, HOLD, R STEP, L TOUCH

1-2 Stomp L to L side (1) Hold (2) 3:00
3 4 Step L to L side (3) Touch R beside L (4) 3:00
5 6 Stomp R to R side (5) Hold (6) 3:00
7 8 Step R to R side (7) Touch L beside R (8) 3:00

(styling: clap on count 2, 4, 6, 8)

[25 – 32] L STEP, HOLD, R STEP HOLD, SWAY, R FLICK

1 2 Step L to L side (1) Hold (2) 3:00
3 4 Step R in place (3) Hold (4) 3:00
5 6 Sway L (5) Sway R (6) 3:00
7 8 Sway L with weight transfer to L (7) Flick R (8) 3:00

(Styling : knee pop in on count 2 & 4 like elvis knee style)

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