

# Move Out the Way

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wall: 1

Level: Advanced

Choreographer: Fred Whitehouse (IRE) - December 2025

Music: Move Out The Way - Outskrts



**Intro: 16 Counts, Start at approx 12 secs**

**SEC 1 Step, ¼ Pivot, ¼ Pivot, Arms, Full Run Around Sweep, Step Sweep, Step, Raise, Lower**

1 Step right forward

**Arms Raise both arms forward**

2 Pivot ¼ left transferring weight onto left

**Arms Cross both arms low across stomach (9:00)**

3 Pivot ¼ right transferring weight onto right

**Arms Bring hands up to face and pull arms apart palms facing forward (12:00)**

4& Turn ½ left step left forward, turn ¼ left step right forward

5 Turn ¼ left step left forward sweeping right from back to front (12:00)

6 Step right forward sweeping left from back to front

7 Step left forward

**Arms 7 Raise right hand to head height elbow bent at 90 degrees**

& Raise left hand to head height elbow bent at 90 degrees

8& Raise up onto both toes, drop heels transferring weight onto right

**Arms Push both hands to the ceiling, pull arms down**

**SEC 2 Back, Back, Back Sweep, Weave, ¼ Step, Step, ½ Pivot, Full Turn x2**

1&2 Step left back, step right back, step left back sweeping right from front to back

3&4& Step right behind left, step left to left, cross right over left, turn ¼ left step left forward

5-6 Step right forward, pivot ½ left transferring weight onto left (3:00)

7& Turn ½ left step right back, turn ½ left step left forward

8& Turn ½ left step right back, turn ½ left step left forward (3:00)

**Bridge Here on Wall 3, Dance the following then continue from Sec 5**

**⅙ Walk Around, Arms, Press**

1-2 Turn ¼ left step right forward, turn ¼ left step left forward

3 Turn ¼ left step right forward

& Turn ⅙ left step left forward taking right arm to right side

4& Take left arm to left side, press forward on to left popping chest forward

**SEC 3 Step, Lock, Step, Step, Lock Sweep, ¼ Coaster Step, Step, Side Knee Twist, ⅙**

1&2 Step right forward, lock left behind right, step right forward

&3 Step left forward, lock right behind left sweeping left from front to back

4&5 Turn ¼ left step left back, step right beside left, step left forward (12:00)

6& Step right forward, step left to left twist right knee in

7& Twist right knee out, turn ⅙ left twist right knee in (10:30)

8& Cover face with right hand, cover face with left hand

**SEC 4 Syncopated Rocking Chair, ¼ Botofogo, Cross, ⅙ Side, Touch Behind, ⅝ Unwind, Arms, Press**

1& Rock right forward, recover weight on to left

2& Rock right back, recover weight on to left

3&4 Cross right over left, turn ⅙ right step left to left, turn ⅙ right step right beside left (1:30)

5&6 Cross left over right, turn ⅙ left step right to right, touch left behind right (12:00)

7 Unwind ⅝ left transferring weight onto left (4:30)

&8& Take right arm to right side, take left arm to left side, press forward on to left popping chest forward

**SEC 5 Back Rock, 1/8 Coaster Step, Run, Run, 3/8 Pivot, 3/4 Spiral, 1/8 Run x3**

1-2 Rock right back, recover weight on to left

**Arms Pull arms in, push hands down body**

3&4 Turn 1/8 right step right back, step left beside right, step right forward (6:00)

&5-6 Step left forward, step right forward, pivot 3/8 left transferring weight onto left (1:30)

**Arms Push right arm forward**

7 Spiral 3/4 right hooking right over left (10:30)

8&1 Turn 1/8 right step right forward, step left forward, step right forward (12:00)

**SEC 6 Jump, Back Lock Back, 1/4 Side Rock Lift, Vine, Cross**

2 Jump both feet together

3&4 Step right back, lock left over right, step right back

5-6 Turn 1/4 left rock left to left, recover weight on to right lifting left to left (9:00)

**Arms 5&6 Swing right arm across body, swing right arm low to right side, raise right arm to right diagonal**

7&8& Step left to left, step right behind left, step left to left, cross right over left

**SEC 7 Knee Pulses, Together, Knee Pulses, Together, 1/4 Mambo Step, Cross, 1/8 Step, Arms, Press**

1&2 Step left to left pulsing both knees forward, pulse both knees forward, step left beside right

3&4 Step right to right pulsing both knees forward, pulse both knees forward, step right beside left

5&6 Rock left forward, recover weight on to right, turn 1/4 left step left to left (6:00)

&7 Cross right over left, turn 1/8 left step left forward (4:30)

&8& Take right arm to right side, take left arm to left side, press forward on to left popping chest forward

**SEC 8 Back Rock, 1/8 Coaster Step, Step, Step, 3/8 Pivot, Arms, 3/4 Spiral, 1/8 Run, Run**

1-2 Rock right back, recover weight on to left

**Arms Pull arms in, push arms down body**

3&4 Turn 1/8 right step right back, step left beside right, step right forward (6:00)

&5-6 Step left forward, step right forward, pivot 3/8 left transferring weight onto left (1:30)

**Arms Push right arm forward**

7 Spiral 3/4 right hooking right over left (10:30)

8& Turn 1/8 right step right forward, step left forward (12:00)

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